

MAY 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Activities Subject to Change</p> <p>1-1 Ch. 1-1</p> <p>A Art Studio</p> <p>AC Activity Cove</p> <p>B Bistro</p> <p>C Chapel</p> <p>CL Clinic Space</p> <p>D Back of Dining Room</p> <p>F Fitness Center</p> <p>L Library</p> <p>P Back Patio/Porch</p>	<p>May Day</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>11:00 Exercise w/Myrna (C)</p> <p>12:30 Documentary (T)</p> <p>12:30 One on Ones with Katie A.</p> <p>2:00 Create May Day Treat Baskets & Visits (D)</p> <p>3:15 Bingo in the Meadows (B)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Technology Help (B)</p> <p>10:00 Walking Club (B)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>10:30 Rosary (C)</p> <p>10:30 Town Hall Meeting (D)</p> <p>12:30 One on Ones with Katie A.</p> <p>3:00 Tuesday Tunes (D)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>10:00 Zumba (C)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>10:50 Dancing with Lori (D)</p> <p>12:30 One on Ones with Katie A.</p> <p>1:00 Art Class w/Emma (L)</p> <p>2:00 Bingo (D)</p> <p>3:00 Cookies & Conversations (B)</p> <p>3:00 Book Club (L)</p> <p>3:30 Dice Game- Bingo (D)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>9:00 Chair Yoga Ch.1-1 (Ch. 1-1)</p> <p>10:00 Exercise Stations (F)</p> <p>10:30 Music Together (D)</p> <p>11:00 Meet the Librarian Mary (B)</p> <p>1:00 Bible Study (L)</p> <p>2:00 Happy Hour (D)</p> <p>3:30 Puzzles in the Library* (L)</p>	<p>Cinco de Mayo</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Exercise: Chair Circuit (C)</p> <p>1:00 Cinco de Mayo- Loteria Game (D)</p> <p>2:00 Popcorn and Previews (T)</p> <p>3:30 Resident Social/BYOB (B)</p>	<p>11:00 Walking Group-Outside weather permitting (B)</p> <p>1:00 Cards in the Bistro (B)</p> <p>2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>11:00 Exercise w/Myrna (C)</p> <p>12:30 Documentary (T)</p> <p>1:00 Van: Hyvee (B)</p> <p>3:15 Bingo in the Meadows (B)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Walking Club (B)</p> <p>10:00 Rosary (C)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>10:45 Catholic Service (C)</p> <p>12:30 One on Ones with Katie A.</p> <p>1:30 Manicures & Hand Massages (A)</p> <p>2:00 Culinary Meeting (D)</p> <p>3:00 Tuesday Tunes (D)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>10:00 Zumba (C)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>10:45 Dancing with Lori- performers (D)</p> <p>11:00 Dancing with Lori (D)</p> <p>12:30 One on Ones with Katie A.</p> <p>1:00 Gab and Garden (A)</p> <p>2:00 Bingo (D)</p> <p>3:00 Cookies & Conversations (B)</p> <p>3:30 Dice Game (D)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>9:00 Chair Yoga Ch.1-1 (Ch. 1-1)</p> <p>10:30 Music Together (D)</p> <p>11:00 Balance & Breathing (C)</p> <p>1:00 Bible Study (L)</p> <p>2:00 Happy Hour (D)</p> <p>3:30 Puzzles in the Library* (L)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Exercise: Fitness Drumming (A)</p> <p>1:30 Patio Games and Lemonade (P)</p> <p>3:00 Entertainment (D)</p> <p>3:30 Resident Social/BYOB (B)</p>	<p>11:00 Stretching/Pilates (C)</p> <p>1:00 Sweet Treats and Chit Chat (B)</p> <p>2:00 Movie Matinee (T)</p>
<p>Mother's Day</p> <p>10:00 Mother's Day Brunch</p> <p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:15 Card Bingo (D)</p> <p>2:00 Afternoon Social (B)</p>	<p>50's Week</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>10:30 Name that 1950's Celebrity: (D)</p> <p>11:00 Exercise w/Myrna (C)</p> <p>12:30 Documentary (T)</p> <p>3:15 Bingo in the Meadows (B)</p>	<p>50's Week</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Technology Help (B)</p> <p>10:00 Vet-to-Vet Cafe (D)</p> <p>10:00 Walking Club* (B)</p> <p>10:30 Rosary (C)</p> <p>12:30 One on Ones with Katie A.</p> <p>1:30 Woodshop Group</p> <p>3:00 Decade Trivia (D)</p>	<p>50's Week</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>10:00 Zumba (C)</p> <p>10:30 Gab & Garden (P)</p> <p>12:30 One on Ones with Katie A.</p> <p>1:00 Art History 101 w/Emma (L)</p> <p>2:00 Bingo (D)</p> <p>3:00 Soda Shop Floats (D)</p> <p>3:30 Calendar Planning (D)</p>	<p>50's Week</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>9:00 Chair Yoga Ch.1-1 (Ch. 1-1)</p> <p>10:30 Music Together (D)</p> <p>11:00 Stretching & Yoga (C)</p> <p>1:00 Bible Study (L)</p> <p>2:00 50's Happy Hour & Car Racing (D)</p> <p>3:30 Puzzles in the Library* (L)</p>	<p>50's Week</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Exercise: Fitness Class Preview (C)</p> <p>11:45 In-House Lunch (D)</p> <p>1:00 50's Movie (T)</p> <p>3:30 Resident Social/BYOB (B)</p>	<p>11:00 Walking Group-Outside weather permitting (B)</p> <p>1:00 Cards in the Bistro (B)</p> <p>2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>11:00 Exercise w/Myrna (C)</p> <p>12:30 Documentary (T)</p> <p>1:00 Van: Wal-Mart (B)</p> <p>3:15 Bingo in the Meadows (B)</p> <p>3:45 Cooking Club (A)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Walking Club (B)</p> <p>10:30 Rosary (C)</p> <p>1:30 Women's Spring Social: Bubbles and Bows! (D)</p> <p>3:00 Tuesday Tunes (T)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>10:00 Zumba (C)</p> <p>10:30 Gab & Garden (P)</p> <p>1:00 Open Craft Time (A)</p> <p>2:00 Bingo (D)</p> <p>3:00 Cookies & Conversations (B)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>9:00 Chair Yoga Ch.1-1 (Ch. 1-1)</p> <p>10:30 Music Together (D)</p> <p>11:00 Balance and Breathing (C)</p> <p>1:00 Bible Study (L)</p> <p>2:00 Happy Hour (D)</p> <p>3:30 Puzzles in the Library* (L)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Exercise: Chair Circuit (C)</p> <p>1:30 Patio Games and Lemonade (P)</p> <p>3:00 Entertainment (D)</p> <p>3:30 Resident Social & Monthly Birthday Treats (B)</p>	<p>11:00 Stretching/Pilates (C)</p> <p>1:00 Card Bingo (D)</p> <p>2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>Memorial Day</p> <p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>11:00 Exercise Stations (F)</p> <p>1:15 Movie Matinee (T)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>10:00 Walking Club (B)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>10:30 Rosary (C)</p> <p>12:30 One on Ones with Katie A.</p> <p>1:30 Meadows Visits (M.C.)</p> <p>3:00 Tuesday Tunes (A)</p>	<p>7:00 Morning Exercise (Ch. 2)</p> <p>9:00 Hair Salon Open (S)</p> <p>10:00 Bible Study (C)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>10:30 Gab & Garden (P)</p> <p>11:00 St. James Lutheran Church Service (C)</p> <p>1:00 Craft Corner (A)</p> <p>2:00 Bingo (D)</p> <p>3:00 Cookies & Conversations (B)</p> <p>3:30 Dice Game (D)</p>			