

AUGUST 2024 Dimensions



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* Calendar Subject to Change</p> <p>A Apartments AC Activity Circle CO Community Outing K Kitchen/Bar LR Living Room OU Off Unit P Patio T Tables</p>				<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Across the Atlas (LR) 12:00 Leisure Time and Classic TV Show (A) 12:30 Stronger U Fitness (LR) 1:15 Game Time: Left, Right, Left (LR) 1:45 Game Show Extravaganza (LR) 2:15 Happy Hour & Appetizers (OU) 3:15 Afternoon Sing-a-long (LR) 5:00 Evening Exercise: Tai Chi (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Artful Talks (LR) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:15 Exercise and Movement (LR) 1:00 Mill City Music Therapy (AC) 2:00 Taste Testing and Snack (K) 3:00 Short Stories and Humor Time (LR) 5:00 Evening Stretching: Chair Stretching (LR)</p>	<p>9:30 Morning Music (LR) 10:00 Stronger U Fitness (AC) 10:30 Saturday Sing-a-long (AC) 10:30 Pet Visits (LR) 12:15 Large Group Activity (AC) 2:00 Snack & Matinee Movie (LR)</p>
<p>10:00 Worship Time (LR) 10:30 Catholic Communion (A) 12:15 Brain Teaser Bonanza (AC) 1:00 Large Group Game (LR) 2:00 Snack & Matinee Movie (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:15 Hand Massages on the Patio (P) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:30 StrongerU Fitness (LR) 1:00 Connecting Adventures (OU) 1:00 Group Activity: TimeSlips (LR) 1:30 Remembering Birthday Parties (LR) 2:00 Frosty Treats on Patio (P) 2:15 Bean Bag Basket Toss on the Patio (LR) 2:45 Hobby Time (T) 3:15 Golden Oldies in the Meadows (T) 5:00 Evening Stretching: Yoga (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Garden Memories (P) 11:00 One on One Visits & Music Relaxation (OU) 12:00 Leisure Time and Classic TV Show (A) 12:30 Music & Movement (LR) 1:00 Detective Time (LR) 1:30 SPAM: A Culinary Icon (LR) 2:00 Popcorn Pals (K) 3:00 John the Piano Man (AC) 3:45 Afternoon Relaxation (LR) 5:00 Evening Stretching: Chair Stretching (LR)</p>	<p>8:00 Morning Hymns (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Comfort Massages on Patio (LR) 10:30 Active Games (LR) 11:00 One on One Visits & Music Relaxation (P) 12:00 Leisure Time and Classic TV Show (A) 12:30 Music & Movement (LR) 1:00 The Secret Ingredient (K) 2:00 Bingo (OU) 2:00 Poetry Time (LR) 2:30 Count Me In! (LR) 3:00 Music and Manicures (LR) 4:00 One on One Visits (LR) 5:00 Evening Stretching: Posture Pleasers (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Pass the Torch: Olympic Exercise (OU) 12:00 Leisure Time and Classic TV Show (A) 12:30 Stronger U Fitness (LR) 1:15 Listen and Learn: Don Ho (LR) 1:45 Game Show Extravaganza (LR) 2:15 Happy Hour & Appetizers (OU) 3:15 Afternoon Sing-a-long (LR) 5:00 Evening Exercise: Tai Chi (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Artful Talks (LR) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:15 Exercise and Movement (LR) 1:00 Mill City Music Therapy (AC) 2:00 Take Flight in the Garden (P) 3:00 Entertainment (OU) 3:00 Our Planet (LR) 5:00 Evening Stretching: Chair Stretching (LR)</p>	<p>9:30 Morning Music (LR) 10:00 Stronger U Fitness (AC) 10:30 Pet Visits (AC) 12:15 Large Group Activity (AC) 2:00 Snack & Matinee Movie (LR)</p>
<p>10:00 Worship Time (LR) 10:30 Catholic Communion (A) 12:15 Brain Teaser Bonanza (AC) 1:00 Large Group Game (LR) 2:00 Snack & Matinee Movie (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:15 Hand Massages on the Patio (P) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:30 StrongerU Fitness (LR) 1:00 Ocean Breeze Oasis (T) 1:00 Connecting Adventures (OU) 1:30 Trip to the Beach (LR) 2:00 Frosty Treats on Patio (P) 2:15 Bean Bag Basket Toss on the Patio (LR) 2:45 Hobby Time (T) 3:15 Horse Racing in the Meadows (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Garden Memories (P) 11:00 One on One Visits & Music Relaxation (OU) 12:00 Leisure Time and Classic TV Show (A) 12:15 Afternoon Drive (OU) 12:30 Music & Movement (LR) 1:00 Large Group Games (LR) 1:30 Humor Time: Shell Yes! (LR) 2:00 Popcorn Pals (K) 3:00 John the Piano Man (AC) 3:45 Afternoon Relaxation (LR)</p>	<p>8:00 Morning Hymns (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Comfort Massages on Patio (LR) 11:00 One on One Visits & Music Relaxation (P) 12:00 Leisure Time and Classic TV Show (A) 12:30 Music & Movement (LR) 1:00 Artist Inspired (LR) 1:45 Magic Cups (LR) 2:00 Bingo (OU) 2:00 Poetry Time (LR) 2:30 Count Me In! (LR) 3:00 Music and Manicures (LR) 4:00 One on One Visits (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Across the Atlas (LR) 12:00 Leisure Time and Classic TV Show (A) 12:30 Stronger U Fitness (LR) 1:15 Game Time (LR) 1:45 Game Show Extravaganza (LR) 2:15 Happy Hour & Appetizers (OU) 3:15 Afternoon Sing-a-long (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Artful Talks (LR) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:15 Exercise and Movement (LR) 1:00 Mill City Music Therapy (AC) 2:00 Taste Testing and Snack (K) 3:00 Short Stories and Humor Time (LR)</p>	<p>9:30 Morning Music (LR) 10:00 Stronger U Fitness (AC) 10:30 Pet Visits (AC) 12:15 Large Group Activity (AC) 2:00 Snack & Matinee Movie (LR)</p>
<p>10:00 Worship Time (LR) 10:30 Catholic Communion (A) 12:15 Brain Teaser Bonanza (AC) 1:00 Large Group Game (LR) 2:00 Snack & Matinee Movie (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:15 Hand Massages on the Patio (P) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:30 StrongerU Fitness (LR) 1:00 Can You Picture This? (LR) 1:00 Connecting Adventures (OU) 1:30 Polynesian Wayfinding (LR) 2:00 Monday Mingle w/Family & Friends (K) 2:45 Hobby Time (T) 3:15 Hymn Sing in the Meadows (T)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Garden Memories (P) 11:00 One on One Visits & Music Relaxation (OU) 12:00 Leisure Time and Classic TV Show (A) 12:30 Music & Movement (LR) 1:00 Name that Instrument (LR) 1:30 Short Stories (LR) 2:00 Popcorn Pals (K) 3:00 John the Piano Man (AC) 3:45 Afternoon Relaxation (LR) 5:00 Evening Stretching: Chair Stretching (LR)</p>	<p>8:00 Morning Hymns (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Comfort Massages on Patio (LR) 11:00 One on One Visits & Music Relaxation (P) 12:00 Leisure Time and Classic TV Show (A) 12:30 Music & Movement (LR) 1:00 The Secret Ingredient (K) 2:00 Bingo (OU) 2:00 Poetry Time (LR) 2:30 Count Me In! (LR) 3:00 Music and Manicures (LR) 4:00 One on One Visits (LR) 5:00 Evening Stretching: Posture Pleasers (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Across the Atlas (LR) 12:00 Leisure Time and Classic TV Show (A) 12:15 St. James Communion (LR) 12:30 Stronger U Fitness (LR) 1:15 Game Time: August Jeopardy Trivia (LR) 1:45 Game Show Extravaganza (LR) 2:15 Happy Hour & Appetizers (OU) 3:15 Afternoon Sing-a-long (LR) 5:00 Evening Exercise: Tai Chi (LR)</p>	<p>8:00 Morning Music (LR) 10:00 Morning Weather w/Aric (LR) 10:30 Artful Talks (LR) 11:00 Patio Strolls (A) 12:00 Leisure Time and Classic TV Show (A) 12:15 Exercise and Movement (LR) 1:00 Mill City Music Therapy (AC) 2:00 Take Flight in the Garden (P) 3:00 Entertainment (OU) 3:00 Our Planet (LR) 5:00 Evening Stretching: Chair Stretching (LR)</p>	<p>9:30 Morning Music (LR) 10:00 Stronger U Fitness (AC) 10:30 Saturday Sing-a-long (AC) 12:15 Large Group Activity (AC) 2:00 Snack & Matinee Movie (LR)</p>
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