

JUNE 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Activities Subject to Change</p> <p>1-1 Ch. 1-1 A Art Studio AC Activity Cove B Bistro C Chapel CL Clinic Space D Back of Dining Room F Fitness Center L Library P Back Patio/Porch S Hair Salon</p>				<p>7:00 Morning Exercise (Ch. 2) 1 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:00 Exercise Stations (F) 10:30 Music Together (D) 11:00 Meet the Librarian Mary (B) 2:00 <i>Happy Hour (D)</i> 3:30 Puzzles in the Library* (L) 4:00 Exchange Table- table drop off open (D)</p>	<p>7:00 Morning Exercise (Ch. 2) 2 9:00 Exchange Table (D) 11:00 Exercise: Chair Circuit (C) 1:30 Patio Games & Lemonade (D) 3:30 Resident Social/BYOB (B)</p>	<p>11:00 Exercise Stations (F) 3 2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C) 4 11:00 Bridgewood Church Service (C)</p>	<p>7:00 Morning Exercise (Ch. 2) 5 10:00 Coffee & Chit-Chat (B) 10:15 One on Ones with Katie A. (Apartment) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 1:00 Van: Hyvee (B) 3:15 Bingo in the Meadows (B)</p>	<p>7:00 Morning Exercise (Ch. 2) 6 9:00 Technology Help (B) 10:00 Walking Club (B) 10:15 One on Ones with Katie A. (Apartment) 12:30 Rosary (C) 10:30 Town Hall Meeting (D) 12:30 One on Ones with Katie A. 1:30 Manicures & Hand Massages (A) 3:00 Tuesday Tunes (T)</p>	<p>7:00 Morning Exercise (Ch. 2) 7 9:00 Hair Salon Open (S) 10:15 One on Ones with Katie A. (Apartment) 10:30 Gab & Garden (P) 11:00 Zumba (C) 12:30 One on Ones with Katie A. 1:00 Modern Art w/Emma (L) 2:00 Bingo (D) 3:00 <i>Cookies & Conversations (B)</i> 3:00 Book Club (L) 3:30 Dice Game: Bunco (D)</p>	<p>7:00 Morning Exercise (Ch. 2) 8 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Music Together (D) 11:00 Balance & Breathing (C) 1:00 <i>Bible Study (L)</i> 2:00 <i>Happy Hour (D)</i> 3:30 Puzzles in the Library* (L)</p>	<p>7:00 Morning Exercise (Ch. 2) 9 11:00 Exercise: Fitness Drumming (A) 1:30 Patio Games & Lemonade (D) 3:00 Entertainment (D) 3:30 Resident Social/BYOB (B)</p>	<p>11:00 Stretching/Pilates (C) 10 1:00 Card Bingo (D) 2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C) 11 11:00 Bridgewood Church Service (C) 1:30 Afternoon Social (B)</p>	<p>7:00 Morning Exercise (Ch. 2) 12 10:00 Coffee & Chit-Chat (B) 10:15 One on Ones with Katie A. (Apartment) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 3:15 Bingo in the Meadows (B)</p>	<p>7:00 Morning Exercise (Ch. 2) 13 10:00 Walking Club (B) 10:00 Rosary (C) 10:15 One on Ones with Katie A. (Apartment) 10:30 <i>Catholic Service (C)</i> 12:30 One on Ones with Katie A. 2:00 <i>Culinary Meeting (D)</i> 3:00 Tuesday Tunes (T)</p>	<p>Flag Day 14 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Gab & Garden (P) 11:00 Zumba (C) 12:30 One on Ones with Katie A. 1:00 Craft Corner (A) 2:00 Bingo (D) 3:00 <i>Cookies & Conversations (B)</i> 3:30 Dice Games (D)</p>	<p>7:00 Morning Exercise (Ch. 2) 15 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Music Together (D) 11:00 Stretching & Yoga (C) 1:00 <i>Bible Study (L)</i> 2:00 <i>Happy Hour (D)</i> 3:30 Puzzles in the Library* (L)</p>	<p>7:00 Morning Exercise (Ch. 2) 16 11:00 Exercise: Chair Circuit (C) 11:45 In-House Lunch (D) 1:30 Patio Games & Lemonade (D) 3:30 Resident Social/BYOB (B)</p>	<p>11:00 Walking Group-Outside weather permitting (B) 17 1:00 Cards in the Bistro (B) 2:00 Movie Matinee (T)</p>
<p>Father's Day 18 10:00 St. Johns Catholic Communion (C) 11:00 Bridgewood Church Service (C) 1:30 Afternoon Social (B)</p>	<p>Juneteenth and Dan Patch Week 19 7:00 Morning Exercise (Ch. 2) 10:00 Coffee & Chit-Chat (B) 10:15 One on One Visits w/Katies (Apartment) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 12:30 One on Ones with Katie A. 1:00 Van: Walmart (B) 3:15 Horse Racing in the Meadows (B)</p>	<p>7:00 Morning Exercise (Ch. 2) 20 9:00 Technology Help (B) 10:00 Walking Club (B) 10:15 One on Ones with Katie A. (Apartment) 10:30 Rosary (C) 12:30 One on Ones with Katie A. 1:30 Woodshop Group 1:30 Manicures & Hand Massages (CL) 3:00 Walking trip to Savage History Museum (D)</p>	<p>Summer Solstice 21 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Gab & Garden (P) 11:00 Zumba (C) 1:00 Modern Art w/Emma (L) 2:00 Bingo (D) 3:00 <i>Cookies & Conversations (B)</i> 3:30 Calendar Planning (B)</p>	<p>7:00 Morning Exercise (Ch. 2) 22 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 11:00 Balance & Breathing (C) 1:00 <i>Bible Study (L)</i> 2:00 Happy Hour- Dan Patch Picnic (D) 3:30 Puzzles in the Library* (L)</p>	<p>7:00 Morning Exercise (Ch. 2) 23 11:00 Exercise: Chair Circuit (C) 1:30 Patio Games & Lemonade (D) 3:00 Entertainment (D) 3:30 Resident Social & Monthly Birthday Treats (B)</p>	<p>11:00 Stretching/Pilates (C) 24 1:00 Card Bingo (D) 2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C) 25 11:00 Bridgewood Church Service (C) 1:30 Afternoon Social (B)</p>	<p>Labyrinth Meditation Walk 26 7:00 Morning Exercise (Ch. 2) 10:00 Coffee & Chit-Chat (B) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 3:30 Cooking Club (A)</p>	<p>Labyrinth Meditation Walk 27 7:00 Morning Exercise (Ch. 2) 10:00 Walking Club (B) 10:15 One on Ones with Katie A. (Apartment) 10:30 Rosary (C) 12:30 One on Ones with Katie A. 1:30 Meadows Visits (Memory Care) 3:00 Tuesday Tunes (A)</p>	<p>Labyrinth Meditation Walk 28 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 10:00 <i>Bible Study (C)</i> 10:15 One on Ones with Katie A. (Apartment) 10:30 Gab & Garden (P) 11:00 St. James Lutheran Church Service (C) 12:00 Men's BBQ Lunch (D) 3:00 <i>Cookies & Conversations (B)</i></p>	<p>Labyrinth Meditation Walk 29 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 2:00 <i>Happy Hour (D)</i> 3:30 Puzzles in the Library* (L)</p>	<p>7:00 Morning Exercise (Ch. 2) 30 11:00 Exercise: Chair Circuit (C) 1:30 Patio Games & Lemonade (D) 3:30 Resident Social/BYOB (B)</p>	