

AUGUST 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Activities Subject to Change</p> <p>1-1 Ch. 1-1 A Art Studio AC Activity Cove B Bistro C Chapel CL Clinic Space D Back of Dining Room F Fitness Center L Library P Back Patio/Porch S Hair Salon SC Senior Center T Theater</p>				<p>Olympic Week</p> <p>9:00 Hair Salon Open (S)</p> <p>11:00 Meet the Librarian Mary (L)</p> <p>11:00 Metro Valley Transit Authority (B)</p> <p>11:00 Fitness Drumming (A)</p> <p>1:00 Bible Study (L)</p> <p>2:00 Olympic Theme Happy Hour (D)</p> <p>3:00 Game Time (AC)</p>	<p>Olympic Week</p> <p>11:00 Exercise Stations (F)</p> <p>1:00 Chariots of Fire (T)</p> <p>3:00 Resident Social/BYOB (B)</p>	<p>11:00 StrongerU Fitness (C)</p> <p>1:00 Card Bingo (D)</p> <p>2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>4 Olympic Week</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>11:00 Arthritis Foundation Exercise Program (C)</p> <p>1:00 Van Outing: Hyvee (B)</p> <p>1:00 Connecting Adventures (D)</p> <p>2:00 Frosty Treats on Front Patio (B)</p> <p>3:15 Olympic Poker (D)</p> <p>3:15 Golden Oldies in the Meadows</p>	<p>5 Olympic Week</p> <p>10:30 GrandBuddies Reading Friends (D)</p> <p>11:00 Exercise: Chair Circuit (C)</p> <p>12:30 GrandBuddies Reading Friends (D)</p> <p>1:00 Game: Olympic USA Jeopardy (D)</p> <p>1:00 Manicures (CL)</p> <p>2:00 Speaker: OrgANNEizer (T)</p> <p>2:30 One on Ones with Katie A.</p> <p>3:00 Tiki Tuesdays (P)</p> <p>6:00 Game: Hand & Foot (B)</p>	<p>6 Olympic Week</p> <p>9:00 Hair Salon Open (S)</p> <p>10:00 Garden & Gab (P)</p> <p>10:30 Town Hall Meeting (D)</p> <p>10:30 One on Ones with Katie A. (Apartment)</p> <p>11:00 Exercise: Zumba (C)</p> <p>1:00 Shuttle to City Hall for Voting (B)</p> <p>2:00 Bingo (D)</p> <p>3:00 Sweet Treats (B)</p> <p>3:30 Game: Skip-Bo (D)</p> <p>6:00 Game: 500 (B)</p>	<p>7 Olympic Week</p> <p>9:00 Hair Salon Open (S)</p> <p>10:30 Pass the Torch: Olympic Exercise (C)</p> <p>1:00 Bible Study (L)</p> <p>2:00 Happy Hour (D)</p> <p>3:00 Game Time (AC)</p>	<p>8 Olympic Week</p> <p>9:00 "Sunrise" Patio Stretch (P)</p> <p>10:00 Stitching Club (P)</p> <p>12:30 Annual Slip & Slide (B)</p> <p>3:00 Entertainment (D)</p> <p>3:00 Resident Social/BYOB (B)</p>	<p>9 11:00 StrongerU Fitness (C)</p> <p>1:00 Cards in the Bistro (B)</p> <p>2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>11 2024 Olympic Closing Ceremony</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>11:00 Arthritis Foundation Exercise Program (C)</p> <p>1:00 Van: Target (B)</p> <p>1:00 Connecting Adventures (D)</p> <p>2:00 Frosty Treats on Front Patio (B)</p> <p>3:15 Life Long Learning (D)</p> <p>3:15 Horse Racing in the Meadows</p>	<p>12 10:00 Rosary (C)</p> <p>10:30 Catholic Service (C)</p> <p>11:00 Chair Circuit (C)</p> <p>1:00 Game: Rummikub (D)</p> <p>2:00 Culinary Meeting (D)</p> <p>3:00 Tiki Tuesdays (P)</p> <p>6:00 Game: Hand & Foot (B)</p>	<p>13 9:00 Hair Salon Open (S)</p> <p>10:00 Garden & Gab (P)</p> <p>11:00 Exercise: Zumba (C)</p> <p>1:15 Art w/Emma (T)</p> <p>2:00 Bingo (D)</p> <p>3:00 Sweet Treats (B)</p> <p>3:30 Game: Mexican Train (D)</p> <p>6:00 Game: 500 (B)</p>	<p>14 9:00 Hair Salon Open (S)</p> <p>11:00 Stretching & Yoga (C)</p> <p>1:00 Bible Study (L)</p> <p>2:00 Happy Hour (D)</p> <p>3:00 Game Time (AC)</p>	<p>15 9:00 Exchange Table (D)</p> <p>1:00 Documentary (T)</p> <p>3:00 Resident Social/BYOB (B)</p> <p>3:30 Welcome New Neighbors Social (B)</p>	<p>16 11:00 StrongerU Fitness (C)</p> <p>1:00 Card Bingo (D)</p> <p>2:00 Movie Matinee (T)</p>
<p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>18 10:00 Coffee & Chit-Chat (B)</p> <p>11:00 Arthritis Foundation Exercise Program (C)</p> <p>1:00 Connecting Adventures (D)</p> <p>2:00 Frosty Treats on Front Patio (B)</p> <p>3:15 Summer Card Club (D)</p> <p>3:15 Hymn Sing in the Meadows</p>	<p>19 10:00 Rosary (C)</p> <p>10:30 GrandBuddies Reading Friends (D)</p> <p>11:00 Exercise: Stronger U (C)</p> <p>12:30 GrandBuddies Reading Friends (D)</p> <p>1:00 Game: Phase 10 (D)</p> <p>1:00 Manicures (CL)</p> <p>3:00 Tiki Tuesday & Monthly Activity Calendar Updates (B)</p> <p>6:00 Game: Hand & Foot (B)</p>	<p>20 9:00 Hair Salon Open (S)</p> <p>10:00 Garden & Gab (P)</p> <p>10:30 Outing: Hobby Lobby & Dragon Buffett (B)</p> <p>10:30 One on Ones with Katie A. (Apartment)</p> <p>11:00 Exercise Station (F)</p> <p>2:00 Bingo (D)</p> <p>3:00 Sweet Treats (B)</p> <p>3:30 Game: Skip-Bo (D)</p> <p>6:00 Game: 500 (B)</p>	<p>21 MN State Fair Starts</p> <p>9:00 Hair Salon Open (S)</p> <p>11:00 Exercise: Zumba (C)</p> <p>1:00 Bible Study (L)</p> <p>2:00 MN State Fair Happy Hour (D)</p> <p>3:00 Game Time (AC)</p>	<p>22 9:00 "Sunrise" Patio Stretch (D)</p> <p>11:00 In House Lunch: (D)</p> <p>2:00 Fabulous Fridays w/Family & Friends (P)</p> <p>3:00 Entertainment (D)</p> <p>3:00 Resident Social/BYOB (B)</p>	<p>23 11:00 StrongerU Fitness (C)</p> <p>1:00 Cards in the Bistro (B)</p> <p>2:00 Movie Matinee (T)</p>
<p>9:00 Puzzle Week (B)</p> <p>10:00 St. Johns Catholic Communion (C)</p> <p>11:00 Bridgewood Church Service (C)</p> <p>1:30 Afternoon Social (B)</p>	<p>25 State Fair Week</p> <p>9:00 Puzzle Week (B)</p> <p>10:00 Coffee & Chit-Chat (B)</p> <p>10:15 One on Ones with Katie A. (Apartment)</p> <p>11:00 Arthritis Foundation Exercise Program (C)</p> <p>1:00 Van: Wal-Mart (B)</p> <p>1:00 Connecting Adventures (D)</p> <p>2:00 Dairy Barn Malts (B)</p> <p>3:15 EZ Group Trivia in the Meadows</p>	<p>26 State Fair Week</p> <p>9:00 Puzzle Week (B)</p> <p>10:00 Rosary (C)</p> <p>11:00 Stronger U Fitness (C)</p> <p>12:15 Let's Go Fishing (B)</p> <p>1:00 Game: Rummikub (D)</p> <p>2:30 One on Ones with Katie A.</p> <p>3:00 The Hideaway Speakeasy (B)</p> <p>6:00 Game: Hand & Foot (B)</p>	<p>27 State Fair Week</p> <p>9:00 Hair Salon Open (S)</p> <p>9:00 Puzzle Week (B)</p> <p>10:00 Garden & Gab (P)</p> <p>10:30 One on Ones with Katie A. (Apartment)</p> <p>11:00 Exercise: Stronger U (C)</p> <p>1:30 Art w/Emma (T)</p> <p>2:00 Bingo (D)</p> <p>3:00 Sweet Martha Cookies Stand (B)</p> <p>3:30 Dice Game: Farkle (D)</p> <p>6:00 Game: 500 (B)</p>	<p>28 State Fair Week</p> <p>9:00 Hair Salon Open (S)</p> <p>9:00 Puzzle Week (B)</p> <p>11:00 Tai Chi (C)</p> <p>1:00 St. James Lutheran Service (C)</p> <p>2:00 MN Great Get Together Happy Hour (D)</p> <p>3:00 Game Time (AC)</p>	<p>29 State Fair Week</p> <p>9:00 Puzzle Week (B)</p> <p>9:00 Morning Strength & Stretching (P)</p> <p>12:15 Outing: Arboretum Drive w/Meadows (B)</p> <p>12:45 Summer Movie Matinee (T)</p> <p>3:00 Resident Social/BYOB (B)</p>	<p>30 9:00 Puzzle Week (B)</p> <p>11:00 StrongerU Fitness (C)</p> <p>1:00 Card Bingo (B)</p> <p>1:00 Documentary (T)</p> <p>2:00 Movie Matinee (T)</p>
						<p>31 9:00 Puzzle Week (B)</p> <p>11:00 StrongerU Fitness (C)</p> <p>1:00 Card Bingo (B)</p> <p>1:00 Documentary (T)</p> <p>2:00 Movie Matinee (T)</p>