SEPTEMBER 2023

SAVAGE SENIOR LIVING at Fen Pointe

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Activities Subject to Change 1-1 Ch. 1-1 A Art Studio AC Activity Cove B Bistro C Chapel CL Clinic Space D Back of Dining Room F Fitness Center L Library P Back Patio/Porch S Hair Salon SC Senior Center T Theater					1 7:00 Morning Exercise (Ch. 2) 11:00 Walking Club (B) 11:00 Lunch Outing (B) 3:30 Resident Social/BYOB (B)	2 11:00 Stretching/Pilates (C) 1:00 Card Bingo (D) 2:00 Movie Matinee (T)
3 10:00 St. Johns Catholic Communion (C) 11:00 Bridgewood Church Service (C) 1:30 Afternoon Social (B)	4 Labor Day 7:00 Morning Exercise (Ch. 2) 10:00 Labor Day Brunch (D) 10:00 Coffee & Chit-Chat (B) 11:00 Exercise w/Myrna (C) 1:00 Movie Matinee (T)	5 7:00 Morning Exercise (Ch. 2) 9:00 Technology Help (B) 10:30 Town Hall Meeting (D) 11:00 Exercise: Chair Circuit (C) 12:30 One on Ones with Katie A. 1:00 Manicures & Hand Massages (CL) 3:00 Cocktail Voyage (B) 3:30 One to Ones with Katie A	6 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 10:00 Coffee & Cranium Crunches (T) 10:15 One on Ones with Katie A. (Apartment) 11:00 Exercise: Zumba (C) 12:30 One on Ones with Katie A. 1:00 Art Class w/Emma (L) 2:00 Bingo (D) 3:00 Sweet Treats (B) 3:00 Subject Seminar w/Dorinda (L)	7 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:00 Exercise Stations (F) 11:00 Meet the Librarian Mary (B) 1:00 *Bible Study (L)* 2:00 *Happy Hour (D)* 3:00 Encore Movie Night (T)	8 7:00 Morning Exercise (Ch. 2) 11:00 Walking Club (B) 1:30 Pete's Putting Green (C) 2:00 Card Game (B) 3:00 Entertainment (D) 3:30 Resident Social/BYOB (B)	9 11:00 Walking Club (B) 1:00 Cards in the Bistro (B) 2:00 Movie Matinee (T)
10 Assisted Living Week Starts & Grandparents Day 10:00 St. Johns Catholic Communion (C) 11:00 Bridgewood Church Service (C) 12:00 Vikings vs Tampa Bay Buccaneers (CBS) 1:30 Afternoon Social (B)	11 Assisted Living Week 7:00 Morning Exercise (Ch. 2) 10:00 Coffee & Chit-Chat (B) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 12:30 One on Ones with Katie A. 1:00 Van: Hyvee (B) 2:00 Monday Malts (B) 3:15 Bingo in the Meadows (B)	12 Assisted Living Week 7:00 Morning Exercise (Ch. 2) 10:00 Rosary (C) 10:30 *Catholic Service (C)* 10:30 Rosary (C) 11:00 Fitness Drumming (A) 12:30 One on Ones with Katie A. 1:00 Game: Wheel of Fortune (D) 2:00 *Culinary Meeting (D)* 3:00 Cocktail Voyage (B) 3:30 One to Ones with Katie A	13 Assisted Living Week 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 10:00 Outing: MIA (B) 2:00 Bingo (D) 3:00 Assisted Living Sweet Treats (B) 3:30 Dice Games (D)	14 Assisted Living Week 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Music Together (D) 11:00 Balance & Core (L) 1:00 *Bible Study (L)* 2:00 Assisted Living Week Happy Hour (D) 3:00 Encore Movie Night (T)	15 Assisted Living Week 7:00 Morning Exercise (Ch. 2) 11:00 Walking Club (B) 11:30 In-House Lunch (D) 1:30 Life Long Learning (T) 3:30 Resident Social/BYOB (B)	16 Assisted Living Week 11:00 Stretching/Pilates (C) 1:00 Ice Cream Truck (B) 2:00 Movie Matinee (T)
17 10:00 St. Johns Catholic Communion (C) 11:00 Bridgewood Church Service (C) 1:30 Afternoon Social (B)	18 7:00 Morning Exercise (Ch. 2) 10:00 Coffee & Chit-Chat (B) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 12:30 One on Ones with Katie A. 1:00 Van: Target (B) 2:00 Monday Malts (B) 3:15 Bingo in the Meadows (B)	19 7:00 Morning Exercise (Ch. 2) 9:00 Technology Help (B) 10:00 Vet to Vet Cafe (D) 10:30 Rosary (C) 11:00 Exercise: Chair Circuit (C) 12:30 One on Ones with Katie A. 1:00 Manicures & Hand Massages (CL) 3:00 Cocktail Voyage (B) 3:30 One to Ones with Katie A	20 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 10:00 Coffee & Cranium Crunches (T) 10:15 One on Ones with Katie A. (Apartment) 11:00 Exercise: Zumba (C) 12:30 One on Ones with Katie A. 1:00 Craft Corner (A) 2:00 Bingo (D) 3:00 Sweet Treats (B) 3:30 Calendar Planning (B)	21 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Music Together (D) 11:00 Stretching &Yoga (C) 1:00 *Bible Study (L)* 2:00 *Happy Hour (D)* 3:00 Encore Movie Night (T)	22 7:00 Morning Exercise (Ch. 2) 9:00 Arboretum & Lunch (B) 11:00 Walking Club (B) 1:30 Pete's Putting Green (C) 2:00 Card Game (B) 3:00 Entertainment (D) 3:30 Resident Social & Monthly Birthday Treats (B)	23 11:00 Walking Club (B) 1:00 Cards in the Bistro (B) 2:00 Movie Matinee (T)
24 10:00 St. Johns Catholic Communion (C) 11:00 Bridgewood Church Service (C) 12:00 Vikings vs. Los Angeles Chargers (FOX) 1:30 Afternoon Social (B)	25 7:00 Morning Exercise (Ch. 2) 10:00 Coffee & Chit-Chat (B) 11:00 Exercise w/Myrna (C) 12:30 Documentary (T) 12:30 One on Ones with Katie A. 1:00 Van: Wal-Mart (B) 2:00 Monday Muffins (B) 3:15 Bingo in the Meadows (B)	26 7:00 Morning Exercise (Ch. 2) 10:30 Rosary (C) 11:00 Fitness Drumming (A) 12:30 One on Ones with Katie A. 1:00 Game: Price is Right (D) 3:00 Cocktail Voyage (B) 3:30 One to Ones with Katie A	27 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 10:00 Men's Fall Breakfast Brunch (D) 12:30 One on Ones with Katie A. 2:00 Bingo (D) 3:00 Sweet Treats (B) 3:30 Dice Game (B)	28 7:00 Morning Exercise (Ch. 2) 9:00 Hair Salon Open (S) 9:00 Chair Yoga Ch.1-1 (Ch. 1-1) 10:30 Music Together (D) 11:00 Tai Chi (L) 1:00 St. James Lutheran Church Service (C) 1:00 *Bible Study (L)* 2:30 Happy Hour & Appetizers (D) 3:00 Skylark Opera Performance (D) 3:00 Encore Movie Night (T)	29 7:00 Morning Exercise (Ch. 2) 10:00 Mystic Lake Casino & Lunch (B) 11:00 Walking Club (B) 1:30 Life Long Learning (A) 3:30 Resident Social/BYOB (B)	30 11:00 Stretching/Pilates (C) 1:00 Card Bingo (B) 2:00 Movie Matinee (T)